

**Council on Aging Nutrition Advisory Council
Wednesday, March 18, 2015**

Call to Order: The meeting was called to order by Chair Sonja Heiser at 9:00 a.m.

Approval of Agenda: A motion was made by Marti Everts, seconded by Jean Boyle, to approve the agenda. Motion carried.

Roll Call:

Present: Jean Boyle, Marti Everts, Dawn Fossum, Supervisor Wayne Gustina, Sonja Heiser, Jan Kinnaman, Jo Ann Koltyk, Char Lezvow, Daryl Porter, Sue Rasmussen, Joe Scharenbroch, and Peg Slaback

Excused: Nancy Arnold, Charlie Daniel and Pam Strom

Staff: Joyce Lubben and Ranee Goodroad

Introduction of Visitors: Also present was Ellen Wiegand, Beloit Meals on Wheels and Kim Whitford, Best Events.

Citizen Participation, Communications, and Announcements: Ellen Wiegand reported that they are working on their March for Meals campaign, which raises funds, raises awareness of senior hunger and promotes volunteerism.

Marti Everts share an article on the Power of Gratitude.

Approval of February 18, 2015 Minutes: A motion was made by Supervisor Wayne Gustina, seconded by Joe Scharenbroch, to approve the February 18, 2015 minutes. Motion carried.

Staff Report:

Volunteer Appreciation Month: April is Volunteer Appreciation Month. Several articles focusing on volunteering with an emphasis on the nutrition program will appear in the April *Senior Review*.

Clerical Position: One position has been filled and the second position is in the process of being reposted.

Dining Center Updates: Grinnell Hall and The Gathering Place are both planning special events for St. Patrick's Day. Creekside Place issued a press release reminding eligible seniors of the dining center. Flyers promoting the dining center at Creekside were sent to local churches for inclusion in bulletins and/or their newsletters.

A draft of the dining center gift certificate was made available for review. The certificate would allow individuals to make a donation on behalf of an eligible person inviting them to participate in a meal at the dining center.

Ranee Goodroad is meeting with the staff at senior centers and dining center managers to discuss plans for collaborative events such as a series of *Lunch and Learn*.

The advisory council was asked to consider attending special events, which are often well attended, for the purpose of gathering information from diners as to why they attend the special events but do not regularly participate.

Participant Surveys: The nutrition program is preparing to conduct the annual participant survey for both the dining centers and home delivered meals. The forms being used are standardized for Wisconsin which will allow the same information to be collected statewide.

Reports:

Nutrition & Health Associates: Rebecca Suehring will be providing nutrition education on the topic of *Cooking for One or Two* in April and May as part of the dining center visits.

Best Events, Kim Whitford: The spring/summer menu will begin in April.

Dining Center Visits: Jean Boyle reported on the dining center visit to The Gathering Place in Milton.

Continued Business: Evansville Process Improvement Project:

Adjournment: A motion was made by Joe Scharenbroch, seconded by Dawn Fossum, to adjourn the meeting. Motion carried. Meeting adjourned at 9:59 a.m.