

**Council on Aging Nutrition Advisory Council Minutes**  
**Wednesday, April 18, 2012**

**Call to Order:** Chair Janet Kopp called the meeting to order at 10:02 a.m.

**Approval of Agenda:** Ellen Trewartha, seconded by Ronnie Thomas, made a motion to approve the agenda. Motion carried.

**Roll Call:**

Present: Terry Burrington, Marti Everts, Nancy Flood, Janet Kopp, Hjordis Olson, Daryl Porter, Mary Roehl, Mike Santucci, Diane Tester, Ronnie Thomas, Supervisor Terry Thomas, Ellen Trewartha, Joan Wilson

Excused: Doris Thom, Nancy Toubl

Staff Present: Joyce Lubben, Ranee Goodroad

**Introduction of Visitors:** Also present was Kim Whitford, Becky Suehring and Marcy Berner-Reedy.

**Citizen Participation, Communications, and Announcements:** Marcy Berner-Reedy shared results of their March for Meals fundraiser.

**Approval of March 21, 2012 Minutes:** Hjordis Olson made a motion to approve the March 21, 2012 minutes as distributed, seconded by Mary Roehl.

**Dietician Report:** Becky Suehring reported that she has completed the fall/winter menu. She distributed handouts that will cover her nutrition education through 2012. Ms. Goodroad stated that the State is looking to Ms. Suehring as the leader of Healthy Eating for Successful Living in Older Adults as she is one of the few who has provided this workshop.

**Staff Report:**

Nutrition Director's Meeting: Ms. Goodroad stated that a verbal survey of attendees showed that the average age of nutrition program participants is 77 and 25% of the participants depend on the meal for 75% or more of their daily food. One fourth of the 18 counties represented have closed at least one congregate site during the past year. There was also discussion regarding the number of special diets being provided. Rock County seems to provide much more than other counties.

Youth Services Project: Ms. Goodroad shared that Youth Services made Easter projects for the home delivered meal participants. Joyce Lubben took a picture of one participant receiving the "bunny" and Youth Services will write an article for the Senior Review.

**Old Business:**

Home Delivered Meals Update: Ms. Goodroad provided an update on the rate of growth for the home delivered meal program. It is much higher than this time last year.

**New Business:**

2012 Senior Farmers' Market Nutrition Program: Ranee Goodroad stated that the State had an 85% redemption rate which was the same as Rock County. We will receive the same amount of vouchers as 2011.

**Reports:**

Dining Center Visits: Reports of visits to dining centers were provided by Terry Burrington, Janet Kopp, Mike Santucci, Ellen Trewartha, Ronnie Thomas, Marti Everts, and Diane Tester.

Best Events: Kim Whitford reported that the spring/summer menu is in effect and seems to be going well.

Adjournment: A motion was made by Marti Everts to adjourn, seconded by Hjordis Olson. Motion carried. Meeting adjourned at 11:07 a.m.

*Minutes not official until approved by the Nutrition Advisory Council.*