

Rock County Council on Aging Nutrition Advisory Council
Wednesday, May 21, 2014

Call to Order: The meeting was called to order at 10:00 by Vice-Chair Sonja Heiser.

Approval of Agenda: A motion to approve the agenda was made by Supervisor Wayne Gustina, seconded by Dawn Fossum.

Roll Call:

Present: Jessica Day, Dawn Fossum, Supervisor Wayne Gustina, Sonja Heiser, Jo Ann Koltyk, Char Levzow, Daryl Porter, Joe Scharenbroch, Peg Slaback, Pam Strom

Excused: Nancy Arnold, Charlie Daniel, Marti Everts, Mike Santucci, Diane Tester

Staff Present: Joyce Lubben, Ranee Goodroad

Introduction of Visitors: Also present was Becky Suehring, Nutrition & Health Associates; Kim Whitford, Best Events; Rodney Oksuita, Best Events; and John Schnabl, Greater Wisconsin Agency on Aging Resources

Citizen Participation, Communications, and Announcements: None

Approval of Minutes: A motion was made by Jessica Day to approve the minutes of the April 16, 2014 meeting, seconded by Jo Ann Koltyk. Motion carried.

Staff Report:

Sign-Up for SFMNP Voucher Distribution: Ranee Goodroad distributed a volunteer signup sheet and a distribution schedule for the Senior Farmers' Market Nutrition Program.

Revised Dining Center Evaluation Form: Ms. Goodroad distributed an updated dining center evaluation form.

Reports:

Dining Center Visits: Dining center reports were provided by Sonja Heiser, Jo Ann Koltyk, Daryl Porter, Peg Slaback.

Rebecca Suehring, Nutrition & Health Associates: Ms. Suehring reported that she completed a very good Healthy Eating class that was held at The Gathering Place. She is providing education at dining sites about many ways to use food items so they won't go to waste, especially when cooking for one or two.

Best Events: Both Mr. Oksuita and Ms. Whitford indicated things are going fairly well.

Old Business:

Project Improvement Process: – John Schnabl presented additional information on how to conduct a Process Improvement Project. It was decided that the overall aim is to increase participation at the congregate nutrition sites. The “small aim” is to increase participation at the Evansville site. Before the next meeting, staff will come up with measurable goals. At the next meeting, board members will go through the process of identifying potential solutions.

Adjournment: A motion was made by Supervisor Wayne Gustina, seconded by Jessica Day to adjourn the meeting. Motion carried. Meeting adjourned at 11:13 a.m.